



Tiphaine LENFANT
From France to Denmark



Project: **Transformation of Health and Care Systems**

Research topic: Organization of Healthcare systems / Innovation / Blended Care

Danish Institution: **Institut for Folkesundhedsvidenskab, København Universitet**

French Institution: **Centre de Recherche en Epidémiologie et Statistiques, UMR1153**

Dates of mobility: **June 7th to June 12th 2024**

Program: **Blåvand Program**



PRESENTATION

I am a French medical doctor, specialized in Internal Medicine. I currently work in the Internal Medicine department at Hôpital européen Georges Pompidou in Paris and doing a three-year PhD in Public Health and Epidemiology at Centre de Recherche en Epidémiologie et Statistiques (UMR1153, Methods Team). My PhD projects are about the transformation of our French healthcare system towards a Blended system of Care where digital health comes as an addition to in person care. I have a special focus on factors influencing patients' and physicians' preferences regarding consultation modalities (remotely or in person) depending on the clinical situations.

[Homepage - CRESS UMR1153 \(cress-umr1153.fr\)](http://cress-umr1153.fr)

ACTIVITIES IN DENMARK

I had the chance to visit Pr Lars KAYSER's research team in Copenhagen for several days at the Institut for Folkesundhedsvidenskab of København Universitet. We already knew each other from a seminar called Dignity Care that took place in Paris last year where we discussed and realized we had many research interests in common: innovation in healthcare systems, patient-centeredness, blended care, optimization of patients' medical journeys... The Danish system differs from the French and I believed I could learn from their projects.

We discussed our Healthcare systems, their strengths and pitfalls, French and Danish patients' needs and preferences, and possibilities regarding eHealth. I presented my PhD ongoing studies and met with several PhD students and postdocs who did the same so that we could exchange information on our research projects.

I spent one day with Klaus PHANARETH at Epitalet, where I was introduced to the Epital Care Model and related studies and results. He explained the TEMOKAP project and studies with the preliminary results of the randomized controlled study. This project, which relies on the Epital Care Model principles, is very inspiring and could be transposed to some of our French organizations.

I spent the last day with Rikke TERP at Gentofte Hospital where she took me through the hospital to show me how they implemented a new innovation project among older adults. We discussed past projects and ongoing studies.

Thanks to the Blatand Program funding, I was able to have very rich and inspiring talks with these researchers and this will hopefully lead to French-Danish research collaboration about blended care, digital health literacy, implementation of ECM principles.